

Marriage a spiritual journey (2023)

The Spiritual Path Depression as a Spiritual Journey Spiritual Journey
Prayers for the Twelve Steps The Twelve Steps - A Spiritual Journey
Meditations on a Theme A Spiritual Journey Gauguin A Spiritual Journey Out of
Depression An Angel, A Spiritual Journey & A Twin Flame Signposts of the
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God Dear Friend A Spiritual Journey If God Is My Father, Who Is My Mother? To
Know as We Are Known Not a Guru Passages Pagan Pregnancy Muses Along the Way
Chaya's Angels Gem's Story Quiet Answers

The Spiritual Path

2021-08-31

the author of the international bestseller shantaram takes us on a gripping personal journey of wonder and insight into science belief faith and devotion drawing on sacred traditions rigorous logic and the six year instruction of his spiritual teacher roberts describes the step by step process he followed in search of spiritual connection a process that anyone of any belief or none can benefit from in their own lives this gripping personal account of the leap of faith is a compellingly fresh addition to such enduring spiritually inspiring works as zen and the art of motorcycle maintenance the road less travelled and the celestine prophecy as roberts writes the spiritual path is a book on spiritual matters that my younger self wanted desperately one that offers more answers than questions and helps to reset the spiritual compass

Depression as a Spiritual Journey

2012-05-25

depression as a spiritual journey is the first book to address depression as a spiritual journey in the context of medication and counselling it serves as

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an invitation to reframe depression in a new way many people resist embracing medication as part of the healing process others confuse emotional and mental dis ease

Spiritual Journey

2019-06-03

this book has been written to help those who are interested in the more quiet side of their lives which is the spiritual side it is a development or enlightenment tool which will help the reader to understand by tuning into ourselves through spiritual development we can achieve a lot more in this life than we thought spiritual journey covers a lot of information but is written simply for easy understanding there are guided meditations and worksheets dotted throughout spiritual journey i have covered understanding and getting in touch with our spiritual side developing through the dream state learning about our guidance system meditation and what it has to offer actual guided and unguided meditations for you to follow learning about the chakra system giving a guided chakra balance learning about reincarnation all aspects of karma understanding past lives and the lessons we set ourselves as well as what soulmates and twinsouls offer us a guided past life regression through meditation learning about healing energies and what candles can offer

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us for healing how crystals can aid in spiritual development and finally using positive thought to understand the path to a spiritual journey at the end it is all brought together so we can see the benefits to looking outside our earthly life you dont have to read it all at once go with your intuition gut feeling and choose the areas you feel the need to learn about as you need to i hope you enjoy spiritual journey as much as i enjoyed writing it

Prayers for the Twelve Steps

1993

this inspirational guide designed to be used alone or with the book the twelve steps a spiritual journey shows how prayer is vital to every step of the 12 steps program

The Twelve Steps - A Spiritual Journey

1994

a self help guide and program for adult survivors of childhood abuse from dysfunctional families that emphasizes the use of spiritual life based on biblical teachings

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Meditations on a Theme

1972

this is a spiritual book inspired by a remarkable true life story written in a heartfelt open way that will affect everybody who reads it it shows us that we are all very much more than we think we are and that trials in our life bring us to a higher spiritual level it is a journey that takes us from ireland to bulgaria and turkey with remarkable events during the communists era to many miraculous happenings in his lifetime and challenging business experiences which changed his life

A Spiritual Journey

2017-06-14

this dazzling book showcases dozens of paul gauguin s most celebrated works and presents a new consideration of the artist s relationships this vibrant examination of paul gauguin s life and work features more than fifty pieces from the ny carlsberg glyptotek collection in copenhagen including paintings wood carvings and ceramics along with oceanic art and gauguin s works on paper from the fine arts museums of san francisco s permanent collections

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each piece is reproduced in exquisite detail offering a superb opportunity to enjoy gauguin s groundbreaking use of color line and form essays examine gauguin s relationships and reveal the struggles indulgences awakenings and betrayals of his personal and professional life other essays provide new insights into gauguin s travels to the far reaches of the french colonial empire in the pacific and explore his cultural identity sexuality and spirituality beautifully designed to complement gauguin s extraordinary oeuvre this book offers a refreshing take on an artist whose life and work continue to fascinate to the present day copublished by the fine arts museums of san francisco and delmonico books

Gauguin

2018-12-12

let s face it depression is a dark and gloomy subject who would want to read poetry and prose on that subject statistically speaking the vast majority of us will experience this devastating condition at some point in our lives whether it is a one time episode or a chronic state the effects can be the same the author s reflection on her forty year journey explores the darkness the despair and the isolation of depression but more importantly it focuses on the hope there is a positive and light filled message that permeates

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throughout the book it is a story of learning of growth and of healing it is the acceptance and understanding of a power and love greater than oneself it can be read as a traditional book from front to back or it can be read piecemeal depending on the inspiration that is needed in that particular moment each poem or essay can stand alone this work is for those who have experienced or are presently experiencing depression it is for those who have someone they care for who is experiencing depression it is also for those with no faith a little faith or a strong faith that is who would read this book it is meant to be shared let the light shine in

A Spiritual Journey Out of Depression

2023-03-03

a journey through the twin flame connection

An Angel, A Spiritual Journey & A Twin Flame

2017-01-17

winner of the janey loves 2022 platinum award popular meditation leader and poet john siddique draws on more than 40 years of practice to offer this

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uniquely helpful road map to the spiritual journey highlighting the changes that show us we re making progress and the obstacles that will certainly come up this book is a guide to the spiritual path that clearly reveals the signposts of success on the journey as well as the blockages and traps that hold us back from a life of presence meaning and enlightenment by laying out the signs and blockages clearly and honestly and with a lot of love and humour the book offers a wonderful resource for growth whatever level of freedom the reader feels drawn to basic human freedom or the great goal of the spiritual life of enlightenment this roadmap will guide readers to tread the path of their ordinary life and receive the benefit in the here and now from signpost 1 the arising of questions to finally signpost 16 giving everything to love the book explores all the indications of progress those who embark on a spiritual journey will encounter offering reassurance as well as highlighting blocks such as the painbody object consciousness spiritual bypassing the cult of individualism and dualistic thinking and hard to spot cultural religious and spiritual influences in addition to sharing encouraging real life stories the books also offers a huge range of tools and practices from using writing and drawing to explore our own teachability to self reflections designed to expand awareness and let go of ego to instructions for effective safe meditative practices little known in the west

Signposts of the Spiritual Journey

2021-11-23

the account begins with a number of small events that have occurred during my life which i believe led me to visit arunachala the story continues with a description of the events that occurred during a short visit to arunachala in october 2013 it was the culmination of a search which began in my early years key words yoga philip chirgwin ramana maharshi sri bhagavan ramana maharshi shivapuri baba ramakrishna shri yogendra richard clarke arunachala girivalam arunachala giripradakshina sri ramanasramam siva siva linga ramesh silvaraj skandasramam lakshmi the cow dogs of arunachala dolphin monkey

A Spiritual Path That Led to Arunachala.

1997-01-01

a gifted spiritual counselor elizabeth kelly offer brief easy to read nuggets of inspirational and practical advice her intuitive awareness and experiences range from the extraordinary to the common and she fuses them in a voice that reaches to the heart

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Spiritual Journey

2009-02-11

poetry is such a personal vehicle for unleashing what is in the heart and mind one literally puts their soul on paper and then cautiously shares their personal experiences each poem in the collection is original all are the result of events which have come to shape the author s life while most are in english there are two or three in spanish and french the words will touch men and women of any age straight and gay individuals anyone who allows themselves to feel what is in their hearts

Trust the Winds

2009

mind body spirit

Depression as a Spiritual Journey

2005-03-31

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jakie s message is one of hope and inspiration about life and what happens when life is over she tells us to trust ourselves and love no matter what even when love brings pain this is a very human book about the essential elements of a well lived life and a very graceful death

A Message from Jakie

2002-03

an in depth examination of richard wagner this text explores his religious spiritual and mystic thoughts so as to provide the reader with a better understanding of his prose and artistic works

Diary of an Awakening

1996

dr gary collins provides a path through the spiritual maze that confronts readers today beginning with a look at modern approaches to spirituality including the new age and the many new spiritualities it has spawned collins guides readers away from society s spiritual overload to a special intimacy with god along the way he answers questions such as how do people play games marriage a spiritual journey

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with the spiritual and what keeps the spiritual journey alive

Richard Wagner's Religious Ideas

2002-11-01

as i tried to sleep that night once more spirit came to me and told me i was ready to walk my walk on the spiritual path and with that i remember sighing rev vicki marriner wasn t always a clairvoyant medium or spiritual healer in fact for much of her life she was not aware of her link to the world of spirit at all it took the pain and upheaval of losing one of her newborn twins who followed eight miscarriages and who were born very premature to start marriner down the path of self discovery truth and spiritual awakening angels and lamb chops a spiritual journey presents the heartrending and ultimately joyful story of marriner s life tracing her journey from death despair and broken relationships to peace of self and freedom of soul the lessons of marriner s experiences can guide all of us in our life s questions for the principles of success in all our lives are the same grounding ourselves to the earth plane and strengthening our connection to the spiritual plane can save us from self destruction and fear while also lending joy confidence and compassion to our daily lives marriner s role as medium allows her to bring us the gifts from spirit gifts to help us cope with what

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we have been given help us see the world for what it is and can be and help us thrive in our hearts and minds

A Spiritual Journey

1988

true to the title this guidebook directs beginners on the spiritual journey author jan phillips reared catholic has traveled through buddhist hindu and muslim cultures merging dualities of east and west a popular workshop leader for decades she is a dynamic upbeat straight talking wise old woman in her own right and her prose reflects her character in warm engaging language she presents basic spiritual concepts and practices for the multitudes of americans who have left traditional religion and are searching for a full bodied mind expanding convincing spirituality the book consists of short essays and personal anecdotes each story incorporates the wisdom of various traditions all suggesting the immanence of the divine in our lives each chapter reframes the meaning of a typical road sign such as yield for surrender stop for taking time for balance lane ends for giving up old notions all in all this lively book maps an adventurous trek from illusion to reality fear to fulfillment isolation to community it invites us to go deeper and further finding at the end that the journey is everything

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Journaling

1998-04-05

this book is a speck of fire from man s inherent quest to be at a perfect self contented oneness with nature today s rat race towards technological development might have thrusted man to lack awareness of that quest infact the human journey and conditioning itself has an inherent character of making him lack awareness of his pristine aspects this book is a humble effort in reminding man of his own quest in facilitating him to get in touch with the truth long suppressed and forgotten the growing imbalance in the society is finding its expression not merely as the materialistic gap between haves and have nots but also in the form of kundalini consciousness awakening in more and more people the spiritual deficit of the human collective is manifesting as spiritual burden on some we know the many scientific laws of conservation don t we among other things the book propounds a possibility that our incapacity to comprehend god might be the limitation of human evolution as of now as much as the book talks about god spirituality and mysticism the book is more an effort in questioning the sufficiency of science for current needs of human evolution time has come for man to expand his horizons not through technology but by regaining his roots of spiritual strength and in the process expand the horizons of science no development can be linear and

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no one instrument can prove self sufficient for human evolution in that sense science has reached its threshold yet science with heart is waiting to be discovered and explored through the reinstatement of trinity and balance in the world this book might not contain any new spiritual talk or wisdom for the spiritually inclined but it might make a very interesting read for those who are not spiritually inclined yet and when we realize that the term spiritually inclined is a misnomer for we are the spirit the purpose behind this book would have been fulfilled

The Soul Search

2011-07-01

an internationally respected psychologist and spiritual guide shows how an authentic spiritual journey must be grounded in human development

Angels and Lamb Chops

2013-07-15

soul seeker reflections on a spiritual journey from darkness to the light
shares one man s reflections on his personal journey to healing redemption
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and spirituality describing himself as a former skeptic his reflections begin with him trapped in a deep depression resulting from a five year battle with constant pain from an autoimmune disorder feeling hopeless and powerless he hits the darkest night of his soul and decides to end his life but this book is not about suicide but rather redemption it begins with an awakening visionary experience that leads to his healing and fills him with a permanent sense of well being and an appreciation for life as a result he begins a journey to understand his spiritual awakening and his connection to a higher power he examines and reflects in poetry photography and prose such things as mindfulness meditation spirituality the soul purpose and faith messages of mother earth love truth peace blessings and sorrows enlightenment and very much more at once a memoir of sorts soul seeker also serves as an inspirational guide for others seeking their purpose in life and the meaning to existence with clear language well explained concepts this work is agile easy to read and full of wisdom from spiritual and metaphysical thinkers of the past two centuries perspectus reflections look at humanity s connection to the consciousness energy power and matter in the universe that each of our souls make up an even larger godlike consciousness or soul that is and always will be the presence of a higher power within and outside of each of us the existence of an eternal source of love compassion and redemption and to never fear the dark for without darkness we will never find or know the true value of the light

Finding the On-Ramp to Your Spiritual Path

2014-08-21

lee thornton s book is an autobiographical account of how her life changing encounter during a near death experience helped guide her on a path of healing an upbringing that included childhood sexual abuse and deception left her battling depression and illness on her quest for wholeness she recounts growing up as the daughter of a distinguished u s diplomat in a world where respectable appearances concealed the reality of underlying secrets violation duplicity and manipulation in the course of going through a divorce long separations from her son struggles with unresolved family issues and trying to heal from a chronic illness she learns universal lessons about love self acceptance and forgiveness that help her win her hard fought battle for wholeness authenticity and the realization of her purpose she hopes that sharing her story helps others who have suffered similar adversities or are seeking self acceptance and greater fulfillment

Inside-Out

2011-03

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elizabeth clare prophet discusses life s deepest mysteries covering topics such as the aura awakening to life s purpose sexuality and spirituality karma and reincarnation spiritual keys to healing mystery schools and ascended masters

Soulful Spirituality

2019-01-29

we have struggled for the last 2 000 years with the karmic lessons and experiences of power technology and love now we are entering a new evolutionary period calling for the balancing of the scientific and spiritual worlds within the individual and planet mankind stands at the thresholds the decision point of whether to accept what it is being told by the masses is for the highest and best good or instead to listen to its own inner voice at the heart of the matter is the opportunity to choose to cooperate rather than compete brotherly love and assistance rather than hate and violence it is time to observe objectively and logically the world situations that have resulted from fear and competition which is against universal law there are certain responsibilities we must face we are responsible for our own thoughts and actions we have made agreements a long time ago that we will have to face if we wish to reach true self freedom this book will help us improve our

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understanding of life from both a human and spiritually based perception after internalizing this information we may feel inspired to transform our life heal ourselves and infect others with positive perceptions of life and greater compassion we will learn how to interact with universal energy in a constructive manner so that we may better manage our reactions with a clearer understanding of spiritual energy and universal law we will be able to manage or stop the drama from repeating over and over again like a virus it is now time to begin

Soul Seeker

2020-12-18

dear friend provides weekly meditation readings the only book ever published by sandy beach speaker best know for his talk drop the rock sandy richard beach graduated from yale university in 1954 and joined the u s marine corps at the tail end of the korean war he began a career as a jet fighter pilot a career that was ultimately shattered by 14 years of chronic alcoholism in his struggle for sobriety he experienced malnutrition delirium tremens and a six month stay in a locked psychiatric ward on december 7 1964 pearl harbor day he was shown a spiritual path to recovery and has gained his insights and perspective from 50 years on the path of the twelve steps for more than 45

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years he delivered spiritual lectures and workshops across america as well as in a number of foreign countries

Paying Attention

2014-07-24

does god operate in the supernatural in the world today or did he only do that in the past and will he do that one day again in the future if god is not in church why should we go this is the story of one seeker s search of supernatural truth journey with barry from childhood through his adult life as god slowly unfolds the answer to these questions and more

Through Heaven's Gate and Back: A Spiritual Journey of Healing and What it Taught Me About Love, Life, and Forgiveness

2003

p j fisk has mothered six children and now grandmothers twelve she raised her daughters within the context of a fundamental christian church based in the

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patriarchal systems of bible and religion paula has been an avid student on the topic of women and religion for over thirty years she has pursued research into the history of ancient religions up to current times in an effort to understand the plight of the female in a predominant male system of religion her personal stories are candid and relevant for women today in the 21st century she speaks wisely about the gift that is female and correlates profoundly the evolution of religious beliefs to the evolution of women within historical societies paula lives in colorado with her husband loren at the foothills of the beautiful rocky mountains if god is my father who is my mother is a spiritual journey out of the depths of conservative patriarchy to the enlightenment of a mother father god paula takes care to tell a story of family and church secrets without condemnation or blame she traveled this journey with many other sisters searching for truth and fulfillment in lives bound by age old traditions of religious thought misogyny found in her home church and the schools she served caused questioning that she could not satisfy her story is about the education and guidance of female students at both the high school and college levels it was during these tenures that paula began to recognize the conditioning of females by a patriarchal society she dedicated herself first to healing and then to discovery and enlightenment paula knows first hand how research produces more questions which lead to more study journey with her through this memoir of revelations questions and proposed answers

Inner Perspectives

2012-01-31

this primer on authentic education explores how mind and heart can work together in the learning process moving beyond the bankruptcy of our current model of education parker palmer finds the soul of education through a lifelong cultivation of the wisdom each of us possesses and can share to benefit others

911 Hello Mr. God

2014-11-26

at a recent workshop despina gurlides was the only one out of 40 people who raised her hand when the leaders asked who is happy when asked for the recipe for happiness she replied do not betray yourself like everyone however despina had fallen into the trap of self betrayal at one point she thought she was happy after climbing the corporate ladder to success and marrying a successful man but then she realized she felt empty inside it took a lot of maneuvering for her to break out of her material trance but she did it then she fell into a spiritual trance and had to break out of that as well along

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the way she learned the answers to some tough questions including how can someone feel unhappy even if she is successful what important message does depression bring what are the rewards of failure what is the way home follow despina as she navigates the murky waters dominated by career image and money until she finds the way to happiness if you are feeling trapped and want some answers it may be time to take some advice from someone who is not a guru

Dear Friend

2012-11-01

when pregnant you become the very essence of the mother goddess she who transitions from maiden to mother embark on this sacred journey with special guided meditations affirmations and rituals designed to help you attune to the divine energies of childbearing passages pagan pregnancy shows you how to prepare spiritually for this extraordinary time conduct rituals to aide conception safe pregnancy and easy delivery practice responsible magick during these critical nine months deal with unexpected developments as well as miscarriage the first book of its kind pagan pregnancy is the perfect companion to prepare you to take on the most magnificent and magickal role of your life arin murphy hiscock is the mother of one son she is the author of power spellcraft for life solitary wicca for life and the way of the green

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witch she is the new age consultant for provenance press the series editor for the passages series a high priestess within the black forest clan and has been active in the new age community for more than ten years she teaches a variety of workshops on topics such as designing rituals spellcasting and seasonal celebrations she lives in montreal canada

A Spiritual Journey

2013-10

the first words i heard the lord speak in my inner heart and spirit on the retreat were i know you can t think reason or love but lean on me i can do all things for the first time in months i felt at peace my mind which had been spinning out of control came to rest the first chapter desperation street shows how god loves us even when we can t love ourselves the beginnings of our infant steps as we learned to walk with jesus how his teachings filled with gentle loving kindness met us in our everyday needs the lessons so simple and clear that we could understand them my prayer for the first year of our walk always began forgive me lord if i am praying wrong i don t know any other way with no one to guide us he taught us to read and study his word most of the time teaching with one or two versus of scripture at a time sometimes s going over those same verse s for weeks before

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understanding would come he taught us not only to read his word but to find our answers in its pages that it was alive and living not just words in a page of a book teaching spiritual truths from a christmas tree eggs and everyday mundane things in our lives showing each of us he was the god of our every day miracles as you read this and see in our lives how god taught us about his i pray that god s love will bless you and that you would hunger to know more of him

If God Is My Father, Who Is My Mother?

1993

when chaya ben baruch gave birth to her sixth child a son with down syndrome she led her family on a spiritual journey moving from alaska to israel and adopting more children with special needs on the way whether she s watching her son with downs marry her adopted daughter with downs or fighting for the rights of all special needs children life is never dull chaya even managed to find time to donate a kidney leaving everyone to wonder what s next there are few people who have chaya s combination of character traits brilliance bravery altruism honesty and her ability to love whether it s her own family or other people s children it is our aspiration for the reader to appreciate the uniqueness and joy that chaya and her husband yisroel have experienced as

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parents of children with downs and to open the hearts of people across the globe ghandi wrote a nation s greatness is measured by how it treats its weakest join chaya and her family on their enchanting odyssey the world needs this heart rending story more than ever ariella bracha waldinger s review every pregnant woman fears the possibility of birthing a child with special needs but chaya ben baruch in her spiritually uplifting book chaya s angels teaches the reader the true beauty of raising these special souls chaya s book allows the stereotypical belief of downs babies to crumble she removes all the negative labels attached to them depicting their true beauty and inner light chaya takes the reader on an epic journey into the personal lives of she and her husband as they dive into the uncharted waters of raising multiple down syndrome babies gifted with an overflowing love and a passion to meets the needs of these babies chaya and her husband love these children unconditionally they band together through love and devotion to give these children exactly what they need to thrive as a result of reading chaya s book i learned key information and extensive details about the demands of parenting special needs children i also learned the rich rewards bestowed upon the brave of heart who dare to embrace this difficult task anyone who has an interest in reading an amazing story of inspiration or is curious about what it takes to raise babies and children with down syndrome will benefit from reading chaya s angels this book is a powerful contribution to children and adults with special needs giving the reader a deeper

understanding of the joys and rewards of life with these remarkable individuals shira yehudit s review chaya s angels is an honest no holds barred account of the life of an incredible woman who has devoted her life to rescuing and caring for special needs children not in some cold clinical institution but in her home and in her heart chaya makes no bones about sharing the trials and tribulations the hardships and heartache of caring for and bringing up these special children and sometimes losing them but most of all chaya s angels shows us in a vivid personal language that speaks from the heart the joy of having a special needs child in our lives as part of our family chaya lets us feel the pure love that these children radiate to those around them and helps us to understand that these children really are just that special and if this book does nothing more than persuade just one family to think twice about giving away their newborn special needs baby for that it was worth writing but chaya s angels is a very powerful moving book and i believe it will do much much more than that

To Know as We Are Known

2008-12

two people search for the meaning of life they find more than they expect

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Not a Guru

2008-07-01

this book is filled with practical answers to questions we all face on our spiritual journey in life why and how we receive these answers and why sometimes we do not will be explored with the understanding and experience gained from the author s decades in the work of spiritual healing with joy this book plunges into some deep spiritual lessons the cartoons of well known artist hank richter add humor while they enhance the many metaphors illustrations and true experiences found in this work based on the timeless wisdom of the bible with light thrown on these discussions by mary baker eddy s discovery of christian science quiet answers makes a wonderful gift suitable for people of any religion

Passages Pagan Pregnancy

2005

Muses Along the Way

2018-12-25

Chaya's Angels

2013-05-02

Gem's Story

2003-06-02

Quiet Answers

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